

# 2021 Advances in Primary Care Medicine Conference

Friday, October 29, 2021



## OBJECTIVES

- Identify contributing factors to health care disparities and the effects of technology on these disparities
- Summarize clinical updates concerning important diseases, their diagnosis, and treatment from the medical specialties.
- Describe the role of multidisciplinary teams and co-management to improve care of patients with conditions from the medical specialties and more appropriately select patients for referral and triage urgency for specialist evaluation.
- Review pre-referral evaluation and pre-referral medication management to enhance impact of specialist consultation at initial referral visit and avoid unnecessary testing and treatment.

## TARGET AUDIENCE

Advanced Practice Providers (APP), Hospitalists, Internal Medicine Physicians, Nurses, Pharmacists, Primary Care Physicians, Urgent Care Physicians, Sub specialists, and all other healthcare professionals that practice in a medical specialty and primary care settings.

## AGENDA

Friday, October 29, 2021	
Time	Title and Speaker
7:45 AM	<b>Welcome and Meeting Business</b>
8:00 AM	<b>Health Equity, Technology, and Health Care Quality: Pandemic Lessons</b> Ana Maria Lopez, MD, MPH, MACP President-Emeritus, American College of Physicians <ul style="list-style-type: none"> <li>• Categorize factors that contribute to health care disparities</li> <li>• Predict factors contributing to health care disparities with technology</li> <li>• Identify barriers to the use of technology for addressing healthcare disparities</li> </ul>
9:30 AM	<b>Updates in the Care of Venous Thromboembolism</b> Masarret Fazili, MD, Chief, Thrombosis Division, Intermountain Medical Center <ul style="list-style-type: none"> <li>• Distinguish venous thromboembolic events requiring anticoagulation versus active surveillance</li> <li>• Identify populations appropriate for consideration of direct oral anticoagulants as treatment for venous thromboembolism</li> <li>• Choose thrombosis treatment options in rare conditions such as antiphospholipid syndrome and cerebral vein thrombosis</li> <li>• Select treatment options for cancer-associated thrombosis</li> </ul>
10:15 AM	<b>Break</b>
10:30 AM	<b>Updates in the Care of Hypertension</b> Neil Argyle, MD, MPH, VA Hospital, Clinical Assistant Professor, Internal Medicine, University of Utah Clinical Method Curriculum 3 Course Director, University of Utah School of Medicine <ul style="list-style-type: none"> <li>• Evaluate hypertension for which pharmacotherapy is indicated</li> <li>• Select appropriate blood pressure goals for optimization of health outcomes</li> <li>• Identify patients for which a workup for secondary hypertension is indicated</li> </ul>
11:15 AM	<b>Using Novel Technology to Improve Diabetes Care</b> Katie Kaput, DO, Assistant Clinical Professor, University of Utah Board Certified Internal Medicine and Endocrinology, Diabetes and Metabolism <ul style="list-style-type: none"> <li>• Counsel patients regarding new technologies to help them manage their diabetes</li> <li>• Identify patients most likely to benefit from integrating new technologies into their diabetes care plan</li> </ul>
11:45 AM	<b>Cardiac Outcomes and Novel Diabetes Medications: Applying the Evidence</b> Patrick Welch, PharmD, BCACP, Advanced Clinical Pharmacist, Roy, Syracuse and Kaysville Creekside Clinics <ul style="list-style-type: none"> <li>• Describe the effect of novel diabetes medications on cardiac outcomes</li> <li>• Identify patient populations most likely to benefit from novel diabetes medications</li> </ul>
12:15 PM	<b>Lunch - Intermountain Foundry Presentation</b> Randall (Randy) Block, Commercialization Director *Continuing Education Credit not available for this presentation
1:00 PM	<b>Updates in Depression Care for the Primary Caregiver</b> David N. Burrow, MD, Psychiatrist, Intermountain Healthcare <ul style="list-style-type: none"> <li>• Review appropriate first-line therapies for depression</li> <li>• Assess for response to antidepressant therapy</li> <li>• Identify patients appropriate for referral to specialty level care for depression</li> </ul>
1:45 PM	<b>Break</b>
2:00 PM	<b>What Do Comfort Measures Mean in Primary Care? –</b> Mary (Meg) E. G. Randle, MSN, GNP-BC, ACPN - Palliative Care APP Cory Taylor, MD, BC-HPM, IM - Palliative Care Physician Intermountain Medical Center Palliative Care Service <ul style="list-style-type: none"> <li>• Define comfort care, palliative care, and hospice</li> <li>• Identify elements of hospice service</li> <li>• Outline elements of home-based palliative care service</li> </ul>

2:45 PM	<b>COVID-19 Updates for the Primary Caregiver–</b> John Veillette, PharmD, BCPS, BCIDP, Infectious Diseases / Antimicrobial Stewardship Pharmacist, Intermountain Community and Rural Hospitals Michelle Matheu, MD, MS, Internal Medicine, University of Utah Brandon Webb, MD, Infectious Disease Physician, Intermountain Healthcare <ul style="list-style-type: none"> <li>• Describe recent and projected epidemiological trends of COVID-19 infection</li> <li>• Identify populations that may benefit from COVID-19 therapies</li> <li>• Recognize common post-COVID-19 syndromes</li> </ul>
3:30 PM	<b>Vaccine Updates – COVID and the Adult Immunization Schedule</b> Tamara Sheffield, MD, MPH, Intermountain Healthcare Medical Director for Community Health <ul style="list-style-type: none"> <li>• Describe data regarding the efficacy and safety of available vaccines</li> <li>• Counsel patients on COVID-19 vaccine recommendations</li> <li>• Evaluate changes to the adult immunization schedule</li> </ul>
4:30 PM	Adjourn, Questions for Faculty and Evaluation

## REGISTRATION

Physicians	\$125
APPs and Pharmacists	\$100
Nurses, RTs, Others	\$75

Register at [intermountain.cloud-cme.com](https://intermountain.cloud-cme.com) or call 801-507-8470.

### Accreditation

Intermountain Healthcare is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

### AMA Credit

Intermountain Healthcare designates this live activity for a maximum 7.25\* AMA PRA Category 1 Credit(s)™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

### American Board of Internal Medicine's (ABIM) Maintenance of Certification (MOC)

Successful completion of this CME activity, which includes participation in the evaluation component, enables the participant to earn up to 7.25\* MOC points in the American Board of Internal Medicine's (ABIM) Maintenance of Certification (MOC) program. Participants will earn MOC points equivalent to the amount of CME credits claimed for the activity. It is the CME activity provider's responsibility to submit participant completion information to ACCME for the purpose of granting ABIM MOC credit.

### Nursing Credit

Intermountain Healthcare is accredited as a provider of nursing continuing professional development by the American Nurses Credentialing Center's Commission on Accreditation. This live activity has a maximum of 7.25\*\* nursing contact hours.

Successful completion is attending no less than 1 full session and claiming credit only for sessions attended.

### Pharmacy Credit

Accreditation for this educational program is provided by Intermountain Healthcare. Intermountain Healthcare is accredited by the Accreditation Council for Pharmacy Education (ACPE) as a provider of continuing pharmacy education. To receive credit, attendees must complete a post-test with a score of 75% or better and complete an activity evaluation for each activity for which they are claiming credit. All credit will be reported directly to CPE Monitor™ within 60 days of claiming credit. Intermountain is not responsible for credit report failure as a result of incorrect NABP or date of birth information. Please contact [ipce@imail.org](mailto:ipce@imail.org) or 801-507-8470 with questions.

The following activities are approved for ACPE credit:

- Health Equity, Technology, and Health Care Quality: Pandemic Lessons ACPE UAN: 0582-0000-21-059-L04-P (application-based); 1.5 hour (0.15 CEU)
- Updates in the Care of Venous Thromboembolism ACPE UAN: 0582-0000-21-060-L01-P (knowledge-based); 0.75 hour (0.075 CEU)
- Updates in the Care of Hypertension ACPE UAN: 0582-0000-21-061-L01-P (knowledge-based); 0.75 hour (0.075 CEU)
- Using Novel Technology to Improve Diabetes Care ACPE UAN: 0582-0000-21-062-L01-P (knowledge-based); 0.5 hour (0.05 CEU)
- Cardiac Outcomes and Novel Diabetes Medications: Applying the Evidence ACPE UAN: 0582-0000-21-063-L01-P (knowledge-based); 0.5 hour (0.05 CEU)
- Updates in Depression Care for the Primary Caregiver ACPE UAN: 0582-0000-21-064-L01-P (knowledge-based); 0.75 hour (0.075 CEU)
- What Do Comfort Measures Mean in Primary Care? ACPE UAN: 0582-0000-21-065-L01-P (knowledge-based); 0.75 hour (0.075 CEU)
- COVID-19 Updates for the Primary Caregiver ACPE UAN: 0582-0000-21-066-L01-P (knowledge-based); 0.75 hour (0.075 CEU)
- Vaccine Updates – COVID-19 and the Adult Immunization Schedule; 0582-0000-21-067-L06-P (application-based); 1.0 hour (0.1 CEU)

\*Credit hours are subject to change and based on actual learning hours and based on IPCE discretion.

### Registration Information

Registration includes in-person OR virtual conference attendance, access to online syllabus with PDF's of presentations and access to recorded presentations post conference. To register for the conference please visit <https://intermountain.cloud-cme.com>. For assistance please call 801-507-8476 or 801-507-8470 or e-mail [Amanda.Kirk@imail.org](mailto:Amanda.Kirk@imail.org). The conference is not responsible for lost or stolen items. Please refrain from bringing infants or children.

### Cancellation and Reimbursement Policy

Full (100%) registration reimbursement for cancellation more than 14 days prior to the beginning of the activity. Half (50%) registration reimbursement for cancellation between four (4) and fourteen (14) days prior to the beginning of the activity. No reimbursement for cancellation three (3) days or less prior to the beginning of the activity.

### Exceptions

Exceptions may be allowed only under extenuating circumstances and with approval from the IPCE Director, IPCE Medical Director, and AVP for IPCE.